

## Rainbow Fruit Skewers

Whether your hosting "Wizard of Oz" movie night, a kid's birthday party or LGBTQ Pride celebration, these colorful, healthy and festive fruit skewers will please the eye and palette. The yogurt dipping sauce is a fresh alternative to chips and dip.



### Ingredients:

- Fresh strawberries
  - Fresh cantaloupe
  - Fresh pineapple
  - Fresh kiwi
  - Fresh large blue berries
  - Fresh grapes
  - 6 – 8" bamboo skewers
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- 2 cups whole, plain Greek yogurt
  - ¼ cup honey
  - 1 teaspoon vanilla extract
  - Fresh mint leaves

### To Prepare The Fruit:

Wash the fruit and pat dry with paper towels

Depending on the size of the strawberries, cut into bite-sized pieces

Peel, then cut the melon and pineapple into bite-sized pieces

Peel the kiwi then cut into pieces that show the cross section

Assemble the skewers by color:

- Red strawberries
- Orange melon
- Yellow pineapple
- Green kiwi
- Blue blueberries
- Purple grapes

### Serving Suggestions:

Mix the yogurt, honey and vanilla together to make the dipping sauce

Garnish with a sprig of fresh mint